**Updates from the National Association of Long Term Care Administrator Boards (NAB) – Domains of Practice, Exams, and AIT Resources**

In 2022, NAB updated its Domains of Practice to reflect the current state of practice in the long-term care setting. Please note that, although the number of domains have been reduced from five to four, the overall content and foundational knowledge and tasks have not undergone significant changes. Below is additional information and explanation from NAB related to these changes. For more information, visit NAB’s website at [www.nabweb.org](http://www.nabweb.org).

**New Domains of Practice – 2022**

Every five years the National Association of Long Term Care Administrator Boards (NAB) conducts a Professional Practice Analysis (PPA) to ensure that the NAB licensure exams accurately represent the current scope of practice of the profession of Senior Living and Health Services. The new PPA serves as the foundation for the exams, as well as content for continuing education, academic programs, exam prep study material, and standards of practice for state licensing boards.

While most of the knowledge and tasks have not changed significantly, they have been realigned under four content domains, where there were previously five.

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| **New Domains, effective with July 1, 2022 Exams** | **Previous domains, effective July 5, 2017 to June 30, 2022** |
|  1 Care, Services, and Supports |  10.Customer Care, Supports, and Services   |
|  2 Operations |  20. Human Resource |
|   |  30. Finance |
|  3 Environment and Quality |  40. Environment |
|  4 Leadership and Strategy |  50. Management and Leadership |

**Please download the new domains of practice:**

* [CORE Domains of Practice](https://www.nabweb.org/filebin/pdf/Reference_Documents/Domains_of_Practice_CORE_-_03-01-2022.pdf)
* [NHA Domains of Practice](https://www.nabweb.org/filebin/pdf/Reference_Documents/Domains_of_Practice_NHA_-_03-01-2022.pdf)
* [RCAL Domains of Practice](https://www.nabweb.org/filebin/pdf/Reference_Documents/Domains_of_Practice_RCAL_-_03-01-2022.pdf)
* [HCBS Domains of Practice](https://www.nabweb.org/filebin/pdf/Reference_Documents/Domains_of_Practice_HCBS_-_03-01-2022.pdf)
* [All Lines of Service for NCERS Sponsors](https://www.nabweb.org/filebin/pdf/Reference_Documents/Domains_of_Practice_-_All_Lines_of_Service_-_03-01-2022.pdf)

The changes to the structure of the Domains of Practice became effective with NAB examinations starting July 1, 2022. The [Exam Candidate Handbook](https://www.nabweb.org/filebin/pdf/Reference_Documents/NAB_Handbook_July_2022.pdf) has been updated to reflect these changes; an updated [NAB Exam Study Guide](https://www.nabweb.org/studyguide) was launched in December 2022.

[Updates to the AIT Program Manual](https://www.nabweb.org/new-ait-program-manual) were launched in August 2022. Any updates to the Online Preceptor Modules will be posted in early 2023.

For more information on how these changes impact specific NAB resources, please visit the NAB website for the NAB Domains of Practice at <https://www.nabweb.org/nab-domains-of-practice-2>.

**Using the Updated NAB AIT Manual**

With changes to the Domains of Practice, as well as feedback from state member boards, preceptors, and AITs, NAB recently launched a new version of the [AIT Program Manual](https://www.nabweb.org/new-ait-program-manual). The new manual has been divided into four modules, with each line of service having a dedicated module as Module 3 (NHA, RC/AL, HCBS, and HSE). The Manual contains sample learning activities, as well as interactive tools for use by Preceptors and AITs, including a Self-Assessment Instrument and AIT Professional Development Plan.

While the AIT Program Manual materials contain content related to an AIT program for nursing home administration, the materials may be utilized for all lines of service including Assisted Living Facility (or RC/AL) AIT Programs. The preceptor and the AIT are encouraged to work together to develop a training plan that best suits the individual training needs of the AIT in their respective long-term care setting. The materials are designed to provide an overall outline of an AIT program, as well as tools and activities to enhance an AIT’s knowledge and skills and to promote entry-level competence for licensure as an administrator.

**How does this impact the Board’s AIT Training Plan and Reporting Forms?**

The Board’s AIT Training Plan and Reporting forms will be updated to reflect the reorganized Domains of Practice. The updated forms will be accessible on the [Board’s Applications & Forms page](https://www.dhp.virginia.gov/nha/nha_forms.htm). The Board will continue to accept older forms that document AIT training for current AITs through the completion of their AIT training.